#### **RESPONSE TO #5**

### Dartmouth-Hitchcock Health Regional Health Care Strategy

MAH - VRH Affiliation
VRH Board of Trustees Presentation
March 24, 2021



#### **Purpose:**

- Consider the possibilities of a regional health care solution
  - Initial study was MAH-SMCS-VRH
  - Improve patient access and available care
    - Rational service allocations (in concert with D-HH)
    - Community care
    - Specialty care
    - Improve quality and safety



#### Purpose (con't):

- Consider the possibilities of a regional health care solution
  - Make entities sustainable in this environment
    - Efficiencies & staff sharing within affiliation/system
    - Internal efficiencies & best practice
    - Play to strengths of each organization
  - Leveraging economies of scale
    - Locally
    - System/regional



#### **Players:**

- D-HH
  - Steve LeBlanc, Chief Strategy Officer
  - Mary Oseid, SVP, Regional Strategy & Operations
- MAH
  - Joseph Perras, CEO/CMO
  - David Sanville, CFO
- VRH
  - Jocelyn Caple, Interim CEO/CMO, preceded by Deanna Howard
  - Jean Shaw, CFO
- BKD
  - Joe Watt, Partner, Health Care
  - Staff



#### **Deliverables:**

- Organizational Chart
- Revised Service Lines
- Financial Feasibility Study
- Opportunities
- Recommendation

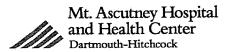


#### **Staffing Assumptions:**

- Rational staffing based on volumes/affiliation
  - Shared management structure where possible
  - Internally/locally based on volumes
  - Shared staffing based on volumes
  - Reflect effect of growth and shifting of services
- VRH Reduction of 7 FTE's for \$814k
- MAH Reduction of 4 FTE's for \$318k
- Affiliation Reduction of 3 FTE's for \$757k
- Net Savings after Cost Report Impact \$945k



- Retain full time/necessary local services on each campus
  - Emergency Room
  - Primary Care
  - General Surgery
  - Hospital outpatient/ancillaries
  - Podiatry



- Retain full time/necessary local services
- Increase local volumes where appropriate
  - Licensed Beds
    - MAH 25 Med/Surg/Swing & 10 Acute Rehabilitation
    - VRH 25 Med/Surg/Swing
  - ADC
    - MAH 19.7 Static
    - VRH 10.1 to 13.1 to 17.1



- Retain full time/necessary local services
- Increase local volumes where appropriate
- Re-align part time services
  - Urology consolidated at MAH
  - Oncology consolidated at VRH
  - Grow General Surgery program on both campuses



- Retain full time/necessary local services
- Increase local volumes where appropriate
- Re-align part time services
- Increase regional presence for services
  - MAH & VRH Primary Care
  - Orthopedics Grow @ VRH & possibly add @ MAH
  - Ophthalmology grow at MAHHC, possible addition at VRH



#### **Financial Assumptions:**

- Similar volumes except as noted previously
- 4% Price Increase
- Similar payer mix
- Similar net reimbursement %
  - Adjusted by effect of cost report
  - Volume x Payer x Revenue x Expense
- Staffing changes noted previously
- Labor & non-labor inflation of 2.5% annually



#### **Financial Assumptions:**

Capital Expenditures

Year	MAH	VRH
2020	\$2,800,000	\$1,500,000
2021	\$2,825,000	\$2,000,000
2022	\$2,850,000	\$2,500,000
2023	\$2,800,000	\$2,500,000
2024	\$2,800,000	\$2,500,000



#### **Financial Assumptions:**

- Long Term Debt @ current terms
  - No new lending
  - Receivables, payables, cash flows, etc. @ historical
  - Working capital assumptions based on pro forma
- Conservative investment returns (4-5% annually)



#### **Biggest Assumption:**

- FY2019 was our base year
- 2020 was COVID-19 free!
  - Kept significant and/or ongoing changes
  - Ignored effects of COVID to the extent possible
  - Normalized 2020 and projected forward



#### **Profit & Loss Combined**

		2020		2021	2022		2023	 2024
Unrestricted Revenues, Gains and Other Support								
Net patient service revenue	\$	92,456,751	S	98,505,285	\$ 101,280,743	\$	104,281,201	\$ 106,929,246
Other operating revenue		12,652,550		12,747,690	12,844,523		12,943,080	13,043,393
Total revenues, gams and other support		105,109,301		111,252,975	114,125,266		117.224,281	119,972,639
Expenses and Losses								
Salaries and wages		46,173,362		47,327,695	48,510,887		49,723,658	50,966,747
Employee benefits		11,367,184		11.667,189	11.974.849		12,290,677	12,614,898
Supplies and other		40,808,424		42,754,995	43,826,541		44,922,205	46,045,259
Interest		828,921		810,301	791,257		774,492	760,499
Depreciation and amortization		4,182,180		4,591,324	 5,055,571		5,545,762	5,512,565
Total expenses and losses		103,360,071		107,151,504	 110,159,105		113,256,794	 115,899,968
Operating Income		1,749,230		4,101,471	3,966,161		3,967,487	4,072,671
Nonoperating Revenue	********	1,522,951		1,569,902	 1.633.684		1,702,163	 1,776,112
Increase in Unrestricted Net Assets		3,272,181		5,671,373	5.599.845		5,669,650	5,848,783
Net Assets, Beginning of Year		49,950,956		53,223,137	 58,894,510		64,494,355	70,164,005
Net Assets, End of Year	<u></u>	53,223,137	S	58,894,510	\$ 64,494,355	s	70,164,005	\$ 76,012,788

#### **Balance Sheet Combined**

#### **Assets**

		2020		2021		2022		2023		2024
Current assets	***************************************									
Cash and cash equivalents	\$	14,987,644	\$	15,499,197	\$	15.883.578	S	16,277,630	S	16,682,078
Assets limited as to use, restricted cash		102,939		102,939		102,939		102,939		102,939
Short-term investments		1,138,977		1,138,977		1,138,977		1,138,977		1,138,977
Patient accounts receivable, net		10,957,477		11.679.699		12,007,154		12,360,875		12,674,230
Other current assets		5,462,992		5,600,881		5,687,943		5,776,718		5,867,396
Total current assets		32,650.029		34,021,693		34,820,591	··	35,657,139		36,465,620
Assets limited as to use		44,806,223		48,552,145		52,535,009		57,190,434		62,081,555
Property and equipment, net		32,132,054		32,380,811		32.692,821		32,461,329		32,263,034
Other assets		14,192,656		14,531,013		14,879,520		15.238,483		15,608,215
Total assets	<u>\$</u>	123,780.962	\$	129,485,662	S	134,927.941	<u>s</u>	140,547,385	S	146,418,424
Liabilities and Net Assets										
Current liabilities	S	28,513,061	s	29,081,993	s	29,361,815	s	29,686,481	s	30,070,244
Long-term debt		29,115,035		28,579,430		28,142,042		27.767.170		27.405.663
Estimated amounts due to third-party payers		12,198,686		12,198,686		12,198,686		12,198,686		12,198,686
Other long-term liabilities		731,043		731,043		731.043		731,043		731,043
Net assets		53,223,137		58,894,510		64,494,355		70,164,005		76,012,788
Total liabilities and net assets	\$	123,780,962	s	129,485,662	s	134,927,941	s	140,547,385	s	146,418,424

Carallian d Dadina	Actual		CAH Median*						
Combined Ratios	2019	2020	2021	2022	2023	2024	VΤ	NH	U.S.
Profitability and Liquidity Ratios									
Operating margin	-0.9%	1.7%	3.7%	3,5%	3.4%	3.4%	-0.6%	3.2%	0.2%
Current ratio	1.12	1.15	1.17	1.19	1.20	1.21	1.39	1.62	2.54
Days cash on hand (all sources)	219.5	220.1	228.0	237.6	249.0	260.4	139.9	129.8	75.9
Days in patient accounts receivable	43.3	43.3	43.3	43.3	43.3	43.3	43.4	47.5	50.7
Capital Structure Ratios									
Long-term debt to capitalization	37.2%	35.4%	32.7%	30.4%	28.4%	26.5%	29.7%	30.3%	30.8%
Revenue Ratios									
Outpatient revenues to total revenues	79.4%	78.2%	76.5%	76.5%	76.5%	76.5%	72.1%	79.5%	79.4%
Medicare inpatient revenue per day	\$ 2,720	\$ 2,755	\$ 2,792	\$ 2,871	\$ 2,952	\$ 3,027	\$ 2,824	\$ 3,084	\$ 2,830
Cost Ratios									
Salaries to NPSR	53.1%	49.9%	48.0%	47.9%	47.7%	47.7%	50.8%	46.2%	45.1%
Employee benefits to NPSR	13.2%	12.3%	11.8%	11.8%	11.8%	11.8%	N/A	N/A	N/A
Average age of plant	14.7	16.1	15.7	15.2	14.9	16.0	12.6	9.9	11.5
Utilization Ratios									
Acute average daily census	8.4	9.9	11.9	11.9	11.9	11.9	12.6	6.9	2.5
Swing-bed (SNF) average daily census	21.4	22.9	24.8	24.8	24.8	24.8	1.8	2.8	1.5

<sup>\*</sup> Obtained from the April 2020 CAH Financial Indicators Report: Summary of Indicator Medians by State (Copyright 2020, Flex Monitoring Team). "VT" Represents Vermont Critical Access Hospital ("CAH") median (consisting of 8 CAH's). "NH" Represents New Hampshire CAH's median (consisting of 9 CAH's). "U.S." represents United States CAH median (consisting of 1,215 CAH's).

#### **Revisions Pending:**

- Opportunities
  - Primary Care improvement, Orthopedics, Ophthalmology
  - Group Purchasing
- Challenges
  - Payer Mix Degradation (D-HH Granite One Study)
  - Inflation
  - Capital
    - EPIC/ERP @ MAH & VRH, Clinic Building @ VRH



### Questions?

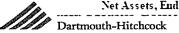


# Individual P&L, Balance Sheets, and Ratios



#### Valley Regional Healthcare, Inc. Forecasted Statements of Operations and Changes in Net Assets – September 30, 2020 through 2024

	2020	2021	2022	2023	2024
Unrestricted Revenues, Gains and Other Support	<del></del>				
Net patient service revenue	\$ 45,619,152	\$ 49,409,590	\$ 50,557,716	\$ 51,757,145	\$ 52.992.213
Other operating revenue	2.282,692	2,303,764	2,325,047	2,346,543	2.368.254
Total revenues, gains and other support	47.901.844	51,713,354	52,882,763	54,103,688	55,360,467
Expenses and Losses					
Salaries and wages	19,531,858	19,759,796	20,253,790	20,760,135	21,279,138
Employee benefits	4,587,400	4,644,522	4,776,616	4,912,488	5,052,254
Supplies and other	21,179,011	22,517,243	23,082,846	23,659,917	24.251,415
Interest	609,403	598,861	587.970	576,721	565,100
Depreciation and amortization	1,759,024	1,934,024	2,159,024	2,409,024	2,659,024
Total expenses and losses	47,666,696	49,454,446	50,860,246	52,318,285	53,806,931
Operating Income	235,148	2,258,908	2,022,517	1,785,403	1.553.536
Nonoperating Revenue	725,965	745,636	774,990	803.392	832,329
Increase in Unrestricted Net Assets	961.113	3.004,544	2,797,507	2,588,795	2,385,865
Net Assets, Beginning of Year	23.361,155	24,322,268	27,326,812	30,124,319	32,713,114
Net Assets, End of Year	\$ 24,322,268	\$ 27.326.812	\$ 30,124,319	\$ 32,713,114	\$ 35,098,979



#### Valley Regional Healthcare, Inc. Forecasted Balance Sheets – September 30, 2020 through 2024

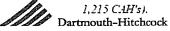
Assets						
	 2020	2021	 2022	 2023		2024
Current assets						
Cash and cash equivalents	\$ 7,160,117	\$ 7,411,654	\$ 7,595,821	\$ 7,784,236	\$	7,977,425
Short-term investments	133,063	133,063	133,063	133,063		133,063
Patient accounts receivable, net	5,560,879	6,022,925	6,162,880	6,309,088		6,459,640
Other current assets	 3,199,963	 3,293,770	 3,345,785	 3,398,681	<u>-</u>	3,452,633
Total current assets	 16,054,022	 16,861,412	 17,237,549	 17,625,068		18,022,761
Assets limited as to use	23,762,258	25,519,207	27,080,219	28,653,199		30,245,086
Property and equipment, net	13,635,601	13,711,304	14,062,007	14,162,710		14,013,413
Other assets	 11,278,565	11,616,922	 11,965,429	12,324,392		12,694,124
Total assets	 64,730,446	\$ 67,708,845	\$ 70,345,204	\$ 72,765,369	\$	74,975,384
Liabilities and Net Assets						
Current liabilities	10,280,182	10,585,212	10,766,488	10,951,903		11,142,103
Long-term debt	17,929,310	17,598,135	17,255,711	16,901,666		16,535,616
Estimated amounts due to third-party payers	12,198,686	12,198,686	12,198,686	12,198,686		12,198,686
Net assets	 24,322,268	 27,326,812	 30,124,319	32,713,114	·,	35,098,979
Total liabilities and net assets	\$ 64,730,446	\$ 67,708,845	\$ 70,345,204	\$ 72,765,369	\$	74,975,384



#### Valley Regional Healthcare, Inc. Forecasted Financial Ratios September 30, 2020 through 2024

	Actual		F	CA	CAH Median*				
	2019	2020	2021	2022	2023	2024	VT	ИН	U.S.
Profitability and Liquidity Ratios									
Operating margin	-2.0%	0.5%	4.4%	3.8%	3.3%	2.8%	-0.6%	3.2%	0.2%
Current ratio	1.55	1.56	1.59	1.60	1.61	1.62	1.39	1.62	2.54
Days cash on hand (all sources)	253.1	245.9	252.9	259.9	266.5	272.8	139.9	129.8	75.9
Days in patient accounts receivable	44.5	44.5	44.5	44.5	44.5	44.5	43.4	47.5	50.7
Capital Structure Ratios									
Long-term debt to capitalization	43.9%	42.4%	39.2%	36.4%	34.1%	32.0%	29.7%	30.3%	30.8%
Revenue Ratios									
Outpatient revenues to total revenues	88.1%	84.7%	80.4%	80.4%	80.4%	80.4%	72.1%	79.5%	79.4%
Medicare inpatient revenue per day	\$ 2,887	\$ 2,889	\$ 2,871	\$ 2,952	\$ 3,037	\$ 3,124	\$ 2,824	\$ 3,084	\$ 2,830
Cost Ratios									
Salaries to NPSR	45.3%	42.8%	40.0%	40.1%	40.1%	40.2%	50.8%	46.2%	45.1%
Employee benefits to NPSR	10.8%	10.1%	9.4%	9.4%	9.5%	9.5%	N/A	N/A	N/A
Average age of plant	18.6	21.1	20.1	19.0	18.0	17.3	12.6	9.9	11.5
Utilization Ratios									
Acute average daily census	4.3	5,8	7.8	7.8	7.8	7.8	12.6	6.9	2.5
Swing-bed (SNF) average daily census	5.8	7.3	9.2	9.2	9.2	9.2	1.8	2.8	1.5

<sup>\*</sup> Obtained from the April 2020 CAH Financial Indicators Report: Summary of Indicator Medians by State (Copyright 2020, Flex Monitoring Team). "VT" Represents Vermont Critical Access Hospital ("CAH") median (consisting of 8 CAH's). "NH" Represents New Hampshire CAH's median (consisting of 9 CAH's). "U.S." represents United States CAH median (consisting of 1,215 CAH's).



### Mt. Ascutney Hospital and Health Center Forecasted Balance Sheets – September 30, 2020 through 2024

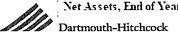
Assets

		2020	2021		2022		2023		2024
Current assets		· · · · · · · · · · · · · · · · · · ·				•••••			
Cash and cash equivalents	\$	7,827,527	\$ 8,087,543	\$	8,287,757	S	8,493,394	\$	8,704,653
Assets limited as to use		102,939	102.939		102,939		102,939		102,939
Short-term investments		1,005,914	1,005,914		1,005,914		1.005,914		1,005,914
Patient accounts receivable, net		5,396,598	5,656,774		5,844,274		6,051,787		6,214,590
Other current assets	<del>,</del>	2,263,029	 2,307,111		2,342,158		2,378,037		2,414,763
Total current assets		16,596,007	 17,160,281		17,583,042		18,032,071	<u>.,                                    </u>	18,442,859
Assets limited as to use		21,043,965	23,032,938		25,454,790		28,537,235		31.836,469
Property and equipment, net		18,496,453	18,669,507		18,630,814		18.298.619		18,249,621
Other assets	****	2,914,091	 2,914,091		2,914,091		2,914,091		2,914,091
Total assets	_\$	59,050,516	\$ 61,776,817	s	64,582,737	S	67.782.016	\$	71,443,040
Liabilities and Net Assets									
Current liabilities		18,232,879	18,496,781		18,595.327		18,734,578		18,928,141
Long-term debt		11,185,725	10,981,295		10,886,331		10,865,504		10,870,047
Other long-term liabilities		731,043	731,043		731,043		731,043		731,043
Net assets	_	28,900,869	 31,567.698		34.370,036		37,450,891		40,913,809
Total liabilities and net assets	\$	59,050.516	\$ 61,776,817	. \$	64.582.737	S	67,782,016	\$	71.443.040



## Mt. Ascutney Hospital and Health Center Forecasted Statements of Operations and Changes in Net Assets - September 30, 2020 through 2024

		2020	2021	2022	 2023		2024
Unrestricted Revenues, Gains and Other Support			 		 		
Net patient service revenue	\$	46,837,599	\$ 49,095,695	\$ 50,723,027	\$ 52,524,056	\$	53.937.033
Other operating revenue		10,369,858	10,443,926	 10,519,476	 10,596,537		10.675,139
Total revenues, gains and other support		57,207,457	 59,539,621	61,242,503	63,120,593		64,612,172
Expenses and Losses							
Salaries and wages		26,641,504	27,567,899	28,257,097	28,963,523		29.687,609
Employee benefits		6,779,784	7,022,667	7,198,233	7,378,189		7,562,644
Supplies and other		19,629,413	20,237,752	20,743,695	21,262,288		21,793,844
Interest		219,518	211.440	203,287	197,771		195,399
Depreciation and amortization		2,423,156	 2,657,300	 2,896,547	 3,136,738		2,853,541
Total expenses and losses		55,693,375	 57,697,058	 59,298,859	 60,938,509	·····	62,093,037
Operating Income		1,514,082	1,842,563	1,943,644	2,182,084		2,519.135
Nonoperating Revenue		796,986	 824,266	858,694	 898,771		943,783
Increase in Unrestricted Net Assets		2,311,068	2,666,829	2,802,338	3,080,855		3,462,918
Net Assets, Beginning of Year		26.589,801	 28,900,869	 31,567,698	34,370,036		37.450,891
Net Assets, End of Year	s	28,900,869	\$ 31,567,698	\$ 34,370,036	\$ 37,450,891	\$	40.913,809



#### Mt. Ascutney Hospital and Health Center Forecasted Financial Ratios September 30, 2020 through 2024

	Actual		F	CAH Median*						
	2019	2020	2021	2022	2023	2024	VT	NH	U.S.	
Profitability and Liquidity Ratios										
Operating margin	-0.1%	2.6%	3.1%	3.2%	3.5%	3.9%	-0.6%	3.2%	0.2%	
Current ratio	0.89	0.91	0.93	0.95	0.96	0.97	1.39	1.62	2.54	
Days cash on hand (all sources)	191.2	197.8	206.4	218.4	233.8	249.8	139.9	129.8	75.9	
Days in patient accounts receivable	42.1	42.1	42.1	42.1	42.1	42.1	43.4	47.5	50.7	
Capital Structure Ratios										
Long-term debt to capitalization	30.0%	27.9%	25.8%	24.1%	22.5%	21.0%	29.7%	30.3%	30.8%	
Revenue Ratios										
Outpatient revenues to total revenues	85.8%	86.0%	86.1%	86.1%	86.1%	86.1%	72.1%	79.5%	79.4%	
Medicare inpatient revenue per day	\$ 2,550	\$ 2,568	\$ 2,645	\$ 2,718	\$ 2,793	\$ 2,846	\$ 2,824	\$ 3,084	\$ 2,830	
Cost Ratios										
Salaries to NPSR	60.6%	56.9%	56.2%	55.7%	55.1%	55.0%	50.8%	46.2%	45.1%	
Employee benefits to NPSR	15.4%	14.5%	14.3%	14.2%	14.0%	14.0%	N/A	N/A	N/A	
Average age of plant	11.7	12.5	12.4	12.4	12.4	14.7	12.6	9.9	11.5	
<u>Utilization Ratios</u>										
Acute average daily census	4.1	4.1	4.1	4.1	4.1	4.1	12.6	6.9	2.5	
Swing-bed (SNF) average daily census	15.6	15.6	15.6	15.6	15.6	15.6	1.8	2.8	1.5	

<sup>\*</sup> Obtained from the April 2020 CAH Financial Indicators Report: Summary of Indicator Medians by State (Copyright 2020, Flex Monitoring Team). "VT" Represents Vermont Critical Access Hospital ("CAH") median (consisting of 8 CAH's). "NH" Represents New Hampshire CAH's median (consisting of 9 CAH's). "U.S." represents United States CAH median (consisting of 1,215 CAH's).

